

Future Consciousness



A 2012 Omni Reader

Original Summaries of Books on the Coming "Shift"

Volume 1

HENRY REED, Editor

First Printing, September, 2008
Second Printing, September 2008

**“We are lazy in our thinking because we underestimate what is really going on.”
PMH Atwater**

“A crowd gathers to watch something happening in the sky. As the phenomenon comes closer, we realize it is a flying saucer. As it prepares to land, we see that the captain of the flying saucer is a woman! After the saucer lands, the woman steps out and offers to Earth a new plant to revive life on our planet.”

**A dream from *Sundance: The Community Dream Journal*
“Dreaming for America”**

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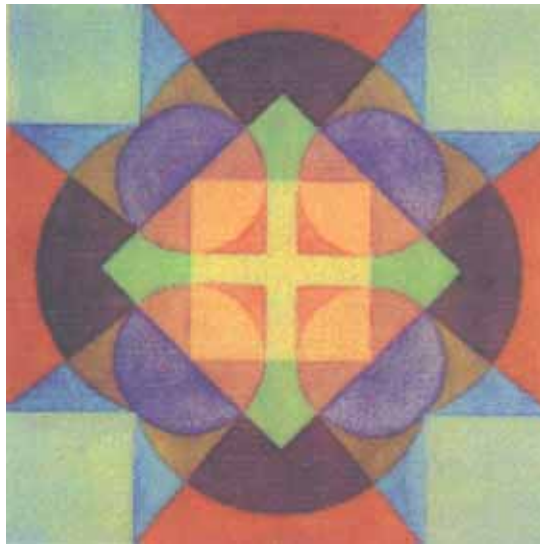
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Editor's Introduction

What lies ahead? There is much speculation, channeling, and investigation concerning the trend in the evolution in consciousness that may be involved with our global crises. Along with an evolving consciousness comes an evolving world.

Prophetic traditions look to these times for a singular event, a transformation, a shift, in world view and world existence. Recently the most popular focus has been on the Mayan calendar and its end date of December 21, 2012. There are other perspectives and areas of study that dovetail with topics explored regarding the 2012 theme.

I speak from personal experience when I say that looking at a subject from multiple points of view yield insights incredibly more rich and complex than when viewed from a single perspective. With regard to the Mayan calendar, for example, we can get caught up in trying to understand the mathematics of the calendar and the astronomy it reflects, as well as deciding amongst the various interpretations and arguments concerning the meaning of 2012. However, once we begin to take into account other sources, other perspectives, our understanding begins to shift and certain details seem less important and other facts stand out prominently.

Comparative study also has a mythical counterpart that relates to the themes of the coming future. What I am referring to is the archetype of "the many and the one," today often expressed as "unity and diversity." What types of material or topics are involved in this comparative study? Let me list a few of them here:

- 1) The history of the world, leading up to "globalization," or the One Earth. As a part of this, I will be offering my own research into the implications of the dissolving of boundaries in most areas of human functioning.
- 2) The psychology of ultra-creative individuals and those who have achieved higher levels of human functioning, suggesting trends in human evolution.
- 3) The converging insights gained from the study of psychedelic therapy, near-death experiences, UFO contacts and alien abductions.
- 4) The world's spiritual traditions concerning the destiny of mankind and apocalyptic prophecies
- 5) What we are learning about the human being, and especially the reality of humans as a relationship species from work with meditation, dreams, and intuition or psychic training.
- 6) The study of change, for example, how chaos a necessary part of evolution, how breakdown can lead to breakthrough
- 7) The study of the Mayan calendar and related traditions
- 8) Themes from a variety of sources as to what the future of human consciousness will be like

One of the things we need to gain from comparative studies is to be able to see past the specifics and see the "patterns," for "seeing the patterns that connect" is an intuitive act and helps us take our understanding of the material to a higher level.

To give you one example: the loss of boundaries. I researched that theme in terms of the loss of boundaries that defined entities, such as national boundaries (*e.g.* pollution), personal boundaries (*e.g.* loss of privacy), biological boundaries (*e.g.* AIDS), security boundaries (*e.g.* terrorism) and technological boundaries (*e.g.* computer

viruses, electronic pirating) to name a few. But also, the studies listed above point to the loss of the boundary between life and the afterlife, the loss of the boundary between the inner world and the outer world, the loss of the boundary between good and bad, and so on. All of these can be subsumed under the theme of “oneness,” which comes up in many ways. What we see here is a convergence of both myth and current events pointing to the patterns that are at work shaping the future.

To give you one more example, many, many years ago, in my exuberant youth, I sent out an invitation to a few hundred people to put a flyer under their pillow to see what dreams would come. The flyer announced the beginning of a new journal, *Sundance: The Community Journal*. Its purpose was to bring to public attention the dreamwork that was going on among individuals, laypeople, outside the realm of psychotherapy. Dreams are not easily influenced, as their function is governed by forces beyond our control, like the ocean’s tides. Nevertheless, the dreams that came out of this experiment were bountiful and amazing. They spoke of an powerful effect upon society when the value of dreams were more widely recognized and shared in the culture. Many were predictive of a future crossroad, a future which we face today, where increasing chaos in our world of changes stimulates a reaction of fundamentalism, an attempt to keep things stable under a unifying doctrine. The dreams also pointed to challenges to survival and opportunities for the future. Let me share just one of these dreams, as more than thirty years later it seems so prophetic of the contemporary apocalyptic imagination:

“A crowd gathers to watch something happening in the sky. As the phenomenon comes closer, we realize it is a flying saucer. As it prepares to land, we see that the captain of the flying saucer is a woman! After the saucer lands, the woman steps out and offers to Earth a new plant to revive life on our planet.”

This dream contains three elements that are now part of the apocalyptic imagination today: One, of course, is the presence of UFOs, especially in their role as guardian or rescue agents. The second is the return of the goddess, the role of the feminine, and in leadership positions. And finally, there is the theme of the planet’s losing ability to create food from the sun. Being given a new plant from a goddess that will restore the planet’s ability to photosynthesize food from the sun.

Whereas much of what has been written is speculative, here’s what we know:

1) A galactic alignment is coming, whether exactly at December 21, 2012, or thereabouts. Its impact is subject to differing opinions.

2) The earth is challenged with climate change, global warming, species extinction, overpopulation, famines, etc. Something will have to give.

3) Many indigenous traditions have prophesized major changes in our era.

4) Many folks have experienced anomalies (alien abductions, UFO encounters, near-death experiences, entheogenic awareness) that all point to a possible path of consciousness evolution.

5) Cultural creatives have been compiling a set of concepts, experiments, and applications relating to evolved consciousness and its patterns, aimed toward embracing change, a new paradigm of reality and life within it.

What’s going to come of all of this? Some folks decide simply that they’ll be in the right place at the right time, and decide to go about their business as usual. Some folks fall into a specific groove of prophecy and make extreme preparations, even going so far as to build a vault underground to store their valuables and food, etc. to get by. Others are busy sharing and teaching others, helping them to deal with the changes that are immediately at hand, training new skills, new attitudes, new ways of doing business.

How can we go about getting a handle on all the information, speculation, research, mythology, and other products of the human mind regarding what lies ahead? First we attempt to outline the common story lines and themes.

I. Storylines and Themes

A storyline has an “arc,” describing a sequence of events that create, cause, or are involved with a process that evolves consciousness. “Return of the Goddess” is one such storyline. Themes are images/ideas that appear in the various prophecies about coming changes in consciousness. An example might be “an end of duality.”

Storylines:

- The *Book of Revelation*. God takes action upon us and the dead are raised. A new World Order
- Extra-terrestrial intervention in human evolution. Good example of this is the science fiction story, *Childhood’s End*.
- The Return of the Goddess: A long history (usually described via study of mythology and Jungian approach to psychohistory), starting with a “participation mystique” type of consciousness, associated with the matriarchy, shamanism, etc. Around 1000 AD, the patriarchy became established, pushing aside feminine aspects of culture and awareness; now the “goddess” is returning, as seen in concern about the planet, end of separation and onto inter-relatedness, etc.
- The Age of Aquarius and 2012: Here the storylines are based upon astronomical events, the passage of time,

cycles. Moving from the Age of Pisces into Age of Aquarius, marking changes in history. December 21, 2012 is the end of a long calendar cycle for the Mayans, spelling the end of the fourth world and beginning of fifth world.

- Transformation through Crisis. Crisis bring opportunities for growth. Population pressures, resource pressures, catastrophes, climate change, etc. challenge the population to adapt, which requires developing new skills and awareness.
- The Restoration of Balance. When history takes the population down one road of reality, it finally leads to its fault and then begins to change into its opposite.
- The end of boundaries. From ecology, digital information, flat earth, computer viruses, AIDS, terrorism, and finally ESP (entangled minds), and folks have to develop new basis for personal identity.

Themes:

- The End of Duality
- Moving from the physical into the imaginal
- Shamanizing of humanity
- The inter-connectedness of minds (telepathy)
- From separation to inter-connectedness
- Lifting of the veil on the unseen world (after death, imaginal, energetic realms)
- A new image of God
- A new understanding of the law of supply
- Science and spirituality become integrated
- Revival of shamanistic consciousness and other attributes of indigenous peoples

Attributes of the New Consciousness

Various sources describe the attributes of the new consciousness. A question arises: can we predict the future consciousness by looking at the consciousness of advanced souls, evolved beings? Or does the future hold in store for consciousness attributes not even imagined by those today who have evolved their consciousness?

- Psychic ability
- Able to heal self via mental activity
- Compassion for others
- Heart awareness
- Acceptance of continuity of life
- Another way of being with others
- "Christ Consciousness" ("...to know your self to be yourself and one with God.")
- Fifth "root race" (fifth chakra issues: communication, education, science, creativity, invention, technology, progress, higher forms of intuition... questions of will power—shall it be power over or power to?)
- Indigo Children: smarter, more intuitive, inventive, natural born healers, can remember past lives, little regard for taboos, humanitarian
- Lack of judgmentalness
- Non-dual awareness
- Intention: Humans have a choice to participate in evolution

Methodologies for Advancing Consciousness

Many of the anticipated attributes of the future, evolving consciousness are seen in light of developments achieved by contemporary persons. Similarly, the methodologies that are used today for therapy, achieving transpersonal awareness and personal growth are applicable to developing one's consciousness in the direction of future evolutionary trends. For example, non-dual awareness can come from meditation or a spontaneous breakthrough; psychic ability can come from having a near death experience or taking part in psychedelic therapy. The list below could contain most every growth technology that has anything to do with higher forms of creativity.

- Meditation, especially mindfulness meditation, and training in non-dual awareness.
- Dreams, especially The Dream Helper Ceremony, for discovering inter-connectedness on the soul level
- Exercises for "heart awareness," to develop ability to perceive unseen forces, imaginal realm
- Psychedelic therapy for learning to work with plant teachers, non-dual awareness, transpersonal awareness, loss of fear of death, etc.
- Holotropic Breathwork and other evocative breathwork therapies for eliciting transpersonal awareness
- Shadow work to develop greater self-awareness and loss of judgmentalness
- The Sundance Experiment for using dreams to access group higher self
- Expressive Arts therapies (dance, voice, painting, etc.) for developing the imagination
- Psychosynthesis exercise for non-dual awareness. On Having No Head.
- Making the "shift" as in glass half full rather than half empty, self-efficacy instead of victimhood

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- Bohmian “dialogue” for accessing group consciousness
- Biofeedback to gain relationship with physiological functioning
- Mediumship
- Listening to Nature

Explorations of Extra-human, transpersonal or divine intervention

Here we explore some of the ideas, theories, myths that suggest something other than human activity may be involved in the evolution of consciousness.

- Book of Revelations
- Catastrophe. An asteroid hits the planet and only a certain few survive, those with seed qualities of the future consciousness.
- Alien Intervention: Extra-terrestrial intelligence (UFOs) performing experiments on humans, creating new species
- Crop Circle: Messages from beyond, from UFOs, from humanity’s transpersonal awareness

Sources of the Investigation

How can we learn what the future holds for consciousness? Here we have the question of sources and methods of discovery, the question of how do we know what we know? To whom or what can we turn for information?

- Personal experience. We have our stories to tell. How do we interpret that experience, question our assumptions, explore meaning?
- Bible and Mythologies: Somewhere in human history ideas have developed concerning the direction and purpose of humanity
- Books: Authors of various backgrounds, methodologies, writing of their research, their opinions, etc. Correlation of various viewpoints
- Personal Testimony: The stories of people who have experienced various increments in consciousness, have been through ordeals, etc., had visions, and so on.
- Channeled information. Humans throughout history, with much happening in the contemporary scene, of transpersonal information coming through human channels. Edgar Cayce, *Course in Miracles*, etc.
- Does it grow corn? Is it applicable in our lives today? Does it fulfill the purpose of prophecy—consciousness raising, inspiring initiative?

Our Omni Reader

What you are holding in your hands is a large, yet incomplete, compendium of information, providing the raw data of our comparative study. This anthology has been the work of many people who have provided summaries of important books. We’ve included also some original essays as well as some snippets from material on the Internet.

The organization of the material attempts to follow the outline given above regarding various themes, etc. Because of the high degree of overlap among topics, the placement of some sources is arbitrary. The Table of Contents provides at least a little help for the reader in navigating through the material.

This collection, although large, is also largely incomplete. For example, the classic work, *A Course in Miracles*, is not yet represented. And new material is always coming out. A case in point is a new book by Amit Goswami, *God is Not Dead*. A proponent of the idea that consciousness precedes materiality, Goswami goes so far as to identify God with “quantum consciousness,” which essentially is the “observer” consciousness that collapses quantum uncertainty. His equating God with a level of consciousness dovetails perfectly with the work on “non-dual awareness,” concerning which we have some brief material in this anthology. We are planning a second anthology volume to include material that belongs in the comparative study of what lies ahead.

In the meantime, we hope that your exploration of what we have collected so far will expand your knowledge base, enrich your imagination, and inspire your intuition about the tremendous birth process we are undergoing.

My Sincere Hope for us All,
Henry Reed